



Recovery News

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Welcome!

**Next Week:
Testimony!**

**Not in a Step
Study?**

Please sign up at the **book table** to join the next Men's or Women's Step Study!

Recovery Rides

If you are interested in offering rides or know someone who can't come to CR because of transportation, contact us at 803-542-4014. If you join our rides program as a driver, you will be compensated for your milage and time.

Uplift Encouragement Group

April 25th at 6-8pm in the FH. Encouragement for people living with chronic illnesses and disabilities. For more, contact Scheri at scheri@upliftencouragement.com.

Recover the Core 2024

C - Christ at the center.

O - Overcoming obstacles.

R - Redeeming regrets.

E - Establishing connections.

Movie Night

Join CR on May 18th at 7pm for an outside movie showing of The Blind on First Baptist campus. Popcorn and snacks will be provided.

Newcomers:

- Room 208

Men Addictions:

- Modular 7 & 8

Men A-Z:

- Room 211-212

Men Integrity:

- Modular 1

Woman A-Z:

- Conference Room

**Women Behavioral
Addiction:**

- Room 203

Women Codependency:

- Room 202

**Women Trauma &
Addiction:**

- Room 206

Questions:

1. What, if any, fears do you have about starting your inventory?
2. Do you have a sponsor/accountability partner(s) to walk alongside you during the inventory process?
3. Why do you think listing the good along with the bad when doing your inventory is important?

Men's Step Study

Join Bob and Luke starting May 5th from 2-4pm. Sign up at the book table if interested. Location TBD.

Tuesday Meals

First Tuesday each month at 6pm! Free the first time then \$4!

Women's Step Study

Join Cindy and Marsha starting May 2nd from 10:30am-12pm in FH room 208. Sign up at the book table if interested.

Recovery



Recharge

Click [HERE](#) for Previous Recharges!

Celebrate Youth



Teens dealing with hurts & habits!

Celebration Place

Childcare available for infant-1st grade and 1-5th grade!



Small Group Guidelines

- Keep your sharing focused on your own feelings. Please limit your sharing to 3-5 minutes.
- There will be no cross talk. Cross talk is when two individuals engage in a dialog, excluding all others. Each person is free to express their feelings without interruption.
- We are here to support one another, not fix another.
- Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group.
- Offensive language has no place in a Christ centered recovery group.